



Overview: Bikes at Work

About the business

Bikes at Work encourage participation in cycling by teaching skills and building confidence; delivering training of consistently high quality. Our AustCycle-accredited instructors work with individuals and groups; adults and children. We tailor sessions according to the needs and requirements of each client. Our services range from practical off and on-road training to bike maintenance workshops and workplace seminars. Bikes at Work are a cycle training business based in Melbourne, operating since 2007.

About the owner

Georgie Fyfe-Jamieson has worked in the field of sustainable transport since 2006. In the UK she worked for the London Cycling Campaign, Sustrans and Cycle Training UK and delivered training as a Bikeability instructor. Since moving to Australia in 2011, she has worked for Bicycle Network and the City of Kingston Council and delivered training for Bikes at Work as an AustCycle instructor. Georgie is also trained in Bike Ed and has a background in sports coaching and community engagement.

Training

We are experienced instructors and are passionate about our work. Our training promotes safe, responsible bike riding and increases confidence and encourages regular riding. Sessions include bike handling, bike set-up, safety checks and (where applicable) traffic riding techniques. Bikes at Work tailor sessions to the client requirements and can adapt timings, duration, location or training space dependant on number of participants or budget. The information that follows outlines the standard sessions. Please contact us to discuss your specific requirements.

Equipment & facilities

For practical training participants will need to provide their own bicycles (in good working order) and helmet. An open, traffic-free area for the initial skills session is required (e.g. vacant carpark, basketball court or similar). For on-road sessions, local shared paths and roads (with and without bicycle lanes) will be utilised.

Insurance

As a licensed AustCycle Provider, Bikes at Work has insurance cover for public liability (\$20m), professional indemnity (\$5m) and personal accident (\$100k).

Please contact Georgie Fyfe-Jamieson for more detailed information or to request a quote.

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